EMOTIONAL SUPPORT

Headquarters Counseling Center, 211 E. 8th, Suite C, 841-2345; From Baldwin 1-888-899-2345 National Suicide Prevention Hotline Networks, 1-800-SUICIDE, 1-800-273-TALK

The Willow Domestic Violence Center (formerly Women's Transitional Care Services), 843-3333,

1-800-7703030

Rape Victim Support Services, GA DU GI, 2518 Ridge Court, 843-8985

Mental Illness, Bert Nash Mental Health

Center, 200 Main, 843-9192

OTHER RESOURCES	
Adult and Child Abuse Hotlin	e 1-800-922-5330
American Civil Liberties Unio	n 1-816-868-6206
American Red Cross	749-8434
Big Brothers & Big Sisters	843-7359
Boys & Girls Club	841-6854
Catholic Community Services	913-433-2061
Christian Psych. Services	843-2429
City Cab Company	842-8294
City Offices	832-3000
Community Living Opportuni	ity 865-5520
Court House	832-5256
Department of Motor Vehicles	s 843-9593
District Attorney's Office	841-0211
Douglas County Jail	830-1000
Electric Company Westar	1-800-383-1183
Federal Information Center	1-800-688-9889
First Step House	843-9262
GED Lawrence High Annex	832-5050
Healthwave	1-800-792-4884
Kaw Valley Center	331-4200
Medicare, General Info	1-800-633-4227
Pelathe Community Center	841-7202
` 0 ,	32-7509, 841-7210
Post Office	843-1681
Section 8 Housing	842-8110
Social Security Office	843-2254
SRS 19th & Delaware	832-3700
Tiny K 843-3059	843-3059
Unemployment Office	1-800-292-6333
Veterans Administration	843-5233

Lawrence Community Resource List

April 2010

CLOTHING

Ballard Community Center, 708 Elm. 842-0729 (Children's clothing)

Goodwill Store, 2200 W. 21, 331-3908

Penn House, 1035 Pennsylvania, 842-0440, M.-F. 8a.m.-4p.m. (free clothing, bedding, and household items).

Social Service League, (Thrift Store) 905 Rhode Island, 843-5414

MEALS

Community Drop-In Center, 214 W. 10th, 832-8864. (Every day, breakfast and dinner)

L.I.N.K, (First Christian Church), 1000 Kentucky, Tu., Th., Sat., Sun., 11am-3pm, 331-3663, (free, hot lunch)

Salvation Army, 946 New Hampshire, 843-4188. Free, hot lunch, Mon, Wed, Fr, noon; hot supper 5pm-6:30 pm

Jubilee Café, First United Methodist Church, 946 Vermont, 841-7500. Free made-to-order breakfast, Tu. and Fri., 7:00-8:00 am.

FOOD BANKS

Ballard Community Center, 708 Elm. 842-0729 **EACKAN**, 1200 E. 11th, 856-7030. M-F, 8am-5-pm, pantry 9am-12 pm, 1pm-4pm **Penn House,** 1035 Pennsylvania, 842-0440, M-Th, 8-11 am, 1-3 pm, Fr. 8-11 am, need ID

Salvation Army, 946 New Hampshire, 843-4188.

FOOD STAMPS AND VOUCHERS

Lawrence SRS, 1901 Delaware, 832-3700, M-F, 8am-5pm. Applications available for food stamps, financial and medical assistance

WIC Supplemental Nutrition Program, 200 Main, 843-0721. Food vouchers for pregnant women & and families with children under age 5

MEDICAL CARE

Ballard Community Center, 708 Elm. 842-0729 **Douglas County Health Department**, 200 Main, 843-0721; STD testing/treatment, HIV/AIDS testing/counseling, child/adult immunizations; fees are charged for clinic services but no one will be denied services due to inability to pay

Health Care Access Clinic, 330 Main, 841-5760, health care services at low cost, no fee for those who cannot pay. M-F

Heartland Medical Outreach, 1 Riverfront Plaza, Suite 100, 841-7297; M-W 9am-5pm, Th.-F 9am-2 pm

Penn House, 1035 Pennsylvania, 842-0440. Assistance with certain prescription medications Salvation Army, 946 New Hampshire, 843-4188. Assistance with certain prescription medications Douglas County Dental Clinic, 316 Main, 312-7770, reduced fee dental care for low-income or homeless

SHELTER

Lawrence Community Shelter, 214 W. 10th, 832-8864, available year round, food available Lawrence-Douglas County Housing Authority, 1600 Haskell Ave., 842-8110, M-F 8am-5 pm, Section 8. Rent subsidies, Affordable housing The Shelter Inc, 105 W. 11th, 843-2085; unlocked emergency residential care for children placed at the shelter as a result of law enforcement and/or court action

The Willow Domestic Violence Center (formerly Women's Transitional Care Services), 843-3333, 1-800-7703030, shelter for abused women and their children, available year round

RECREATION AND DROP-IN

Lawrence Community Shelter, 214 W. 10th, 832-8864, available year round, food available **Community Building**, 115 W. 11th, 832-7920, basketball, weight room, racquetball court, equipment provided, M-F 8am-9pm, Sat. 8am-6pm, Sun.10am-6pm

Holcom Park Recreation Center, 2700 W. 27th, 832-7940; basketball, weight room, ping pong; equipment provided; M-F 7am-9pm, Sat.-Sun. 1pm-6pm.

WASHER AND DRIER FACILITIES

Lawrence Community Shelter, 214 W. 10th, 832-8864, available year round **Salvation Army**, 946 New Hampshire, 843-4188, 5pm-8pm, TV to watch

SHOWERS

Community Building, 115 W. 11th, 832-7920, M-F 8am-9pm, Sat. 8am-6pm, Sun.10am-6pm East Lawrence Recreation Center, 1245 E. 15th, 832-7950, M-F 8am-9pm, Sat.10am-6pm, Sun. 1-6pm.

Holcom Park Recreation Center, 2700 W. 27th, 832-7940; M-F 7am-9pm, Sat.-Sun. 1pm-6pm Please call to check times available. Soap provided, bring your towel.

PHONE

Lawrence Community Shelter, 214 W. 10th, 832-8864

SPECIALIZED SERVICES

Developmental Disabilities, Cottonwood, 2801 W. 31st, 842-0550,

Mental Illness, Bert Nash Mental Health Center, 200 Main, 843-9192

Disability: Independence, Inc., 2001 Haskell Ave. 841-0333

60 and older, Douglas County Senior Services, 745 Vermont, 842-0543

HIV/AIDS, Douglas County AIDS project, 2518 Ridge Court, 843-0040

DRUGS AND ALCOHOL RECOVERY

Alcoholics Anonymous, 842-0110
Narcotics Anonymous, 749-6631
DCCCA Center, 3312 Clinton Pkwy, 841-4138,
Call for information and appointment
First Step House, 843-9262; residential center for women, drug treatment

EMPLOYMENT

Lawrence Workforce Center, 2540 Iowa, 840-9675, M-F 8am-5pm Rehabilitation Services, Lawrence SRS, 1901 Delaware, 832-3709, M-F, 8am-5pm

RENT AND UTILITY ASSISTANCE

American Red Cross, 2518 Ridge Court, #205, 843-3550; must be over 60 receiving SS or SSI (Electric bills only)

EACKAN, 1200 E. 11th, 856-7030. M-F, 8am-5-pm

Leo Center. Faith based. 1 Riverfront Plaza, Suite 100, 841-7297

Penn House, 1035 Pennsylvania, 842-0440 Salvation Army, 946 New Hampshire, 843-4188 Ballard Community Center, 708 Elm. 842-0729

LEGAL

Disability Rights Center of Kansas,

1-877-776-1541, civil rights, discrimination issues **Douglas County CASA**, 1100 Massachusetts, 832-5172, helps abused and neglected children find safe and permanent home

Kansas Legal Services, 1-800-723-6953 Kansas Elder Care Hotline, 1-888-353-5337, M-F 8:30am-5pm

Legal Aide of Douglas County, 864-5564

INFORMATION

Lawrence Public Library, 843-1178 KU Info Center, 864-3506

TRANSPORTATION

Bus (Public), 312-7054, 864-4644 **Bus 62**, 843-5576